

## **Certified Nursing Assistant and Home Health Aide.**

59A-18.0081 Certified Nursing Assistant and Home Health Aide.

The certified nursing assistant (C.N.A.) and the home health aide shall:

- (1) Be limited to assisting a patient in accordance with s. 400.506(10)(b), F.S.;
- (2) Be responsible for documenting services provided to the patient or client and for filing said documentation with the nurse registry on a regular basis. These service logs will be stored by the nurse registry in the client's file, along with the monthly nurse assessments. The service logs shall include the name of the patient or client and a listing of the services provided;
- (3) Be responsible for observing appearance and gross behavioral changes in the patient and reporting these changes to the caregiver and the nurse registry or the registered nurse responsible for assessing the case when giving care in the home or to the responsible facility employee if staffing in a facility; and
- (4) Be responsible to maintain a clean, safe and healthy environment, which may include light cleaning and straightening of the bathroom, straightening the sleeping and living areas, washing the patient's dishes or laundry, and such tasks to maintain cleanliness and safety for the patient.
- (5) perform other activities as taught and documented by a registered nurse, concerning activities for a specific patient and restricted to the following:
  - (a) Assisting with the change of a colostomy bag, reinforcement of dressing;
  - (b) Assisting with the use of devices for aid to daily living such as a wheelchair or walker;
  - (c) Assisting with prescribed range of motion exercises;
  - (d) Assisting with prescribed ice cap or collar;
  - (e) Doing simple urine tests for sugar, acetone or albumin;
  - (f) Measuring and preparing special diets;
  - (g) Measuring intake and output of fluids; and
  - (h) Measuring temperature, pulse, respiration or blood pressure.
- (6) Be prohibited from changing sterile dressings, irrigating body cavities such as giving an enema, irrigating a colostomy or wound, performing gastric irrigation or internal feeding, catheterizing a patient, administering medications, applying heat by any method, or caring for a tracheotomy tube.
- (7) For every CNA, a nurse registry shall have on file a copy of the person's State of Florida certification.
- (8) For every home health aide, a nurse registry shall have on file documentation of successful completion of at least forty hours of training, pursuant to s. 400.506(10)(a), F.S., in the following subject areas:

- (a) Communication skills;
- (b) Observation, reporting and documentation of patient status and the care or services provided;
- (c) Reading and recording temperature, pulse and respiration;
- (d) Basic infection control procedures;
- (e) Basic elements of body functions that must be reported to the patient's registered nurse or physician;
- (f) Maintenance of a clean, safe, and healthy environment;
- (g) Recognition of emergencies and knowledge of emergency procedures;
- (h) Physical, emotional, and developmental characteristics of the populations served by the registry, including the need for respect for the patient, his privacy, and his property;
- (i) Appropriate and safe techniques in personal hygiene and grooming, including bed bath, sponge, tub, or shower bath; shampoo, sink, tub, or bed; nail and skin care; oral hygiene;
- (j) Safe transfer techniques and ambulation;
- (k) Normal range of motion and positioning;
- (l) Adequate nutrition and fluid intake;
- (m) The role of the aide in the home;
- (n) Differences in families;
- (o) Food and household management; and
- (p) Other health-related topics pertinent to home health aide services offered in the home.

(9) Individuals who earn their CNA certificate in another state must contact the Florida Certified Nursing Assistant office at the Department of Health to inquire about taking the written examination prior to working as a CNA in Florida, pursuant to part II of Chapter 464, F.S.

(10) Home health aides who complete their training in another state must provide a copy of the course work and a copy of their training documentation to the nurse registry. If the course work is equivalent to Florida's requirements, the nurse registry may refer the home health aide for contract. If the home health aide's course work does not meet Florida's requirements, the home health aide must receive training in a school approved by the Department of Education to the extent necessary to bring the training into compliance with Rule 59A-18.0081(6), prior to being referred for contract.

(11) CNAs and home health aides referred by nurse registries must receive a minimum of 2 hours of initial training in HIV/ AIDS and 1 hour biennially of HIV/AIDS training, pursuant to s. 381.0035, F.S.; and training to maintain a current CPR certification.

*Specific Authority 400.497, 400.506 FS. Law Implemented 400.497, 400.506 FS. History-New 1-27-94, Amended 12-24-00.*